

### **Restricted Fat High Fibre Diet**

This home recipe consists of low fat cottage cheese combined with macaroni and oat hulls to provide a high fibre diet with restricted fat and reduced simple carbohydrates. Fish oil and corn oil are supplemented in order to provide for a proper balance and intake of essential fatty acids. The potassium citrate and bone meal are supplemented to provide adequate levels of calcium, phosphorus and potassium to the diet. The vitamin premix provides all the other essential micronutrients at levels recommended by both the CVMA and AAFCO

Combine the following ingredients making certain that all ingredients are thoroughly mixed together.

A. Cereal Sources

1. 220g ( $\approx$  2 cups) Cooked Macaroni or
2. 100g ( $\approx$  4 cups) Kellogg's Corn Flakes, plus 340 g (mls) warm water

B. Protein Source

220g ( $\approx$  1 cup) cottage cheese

C. Fibre Source

1. 100g (1/2 cup) oat hulls or
2. 100g (1/2 cup) oat bran

D. Oil Source

1. 2.5g (1/2 tsp) Potassium Citrate
2. 5g (1tsp) Vitamin-Mineral Premix
3. 10g (2tsp) Bone Meal (dry)

**Recipe Directions:** This recipe will produce approximately 1.3 lbs or 570g of product with an energy content of 0.99 Kcal/g or a total of 570 Kcal of food energy per 570g of product. Thus, a 40 lb dog would theoretically require approximately 1140g of this product per day split into two daily feedings. The dog's weight and blood profile should be followed on a monthly basis to determine adequacy of both the diet and dietary energy intake.