

Low Protein/Purine Diet

General

The function of this diet is to supply a diet that has a sufficient nutrient content to satisfy the maintenance requirements of the dog. However, the protein and particularly the purine content have been significantly reduced in order to eliminate or reduce the potential for urate crystals. The blood profile and weight of the dog should be checked at regular intervals in order to determine if there is an adequate protein and food (energy) intake.

Select 1 of each of the following four nutrient groups

- A. **Cereal Sources (1 of the following)**
 - 1. 2 cups of cooked rice
 - 2. 2 cups of cooked macaroni
 - 3. ½ cup of Kellogg's Corn Flakes and 1 ½ cups of warm water

- B. **Protein Sources (1 of the following)**
 - 1. 1 large hard boiled egg (50 g)
 - 2. 45 g of regular cottage cheese

- C. **Oil Sources (1 of the following)**
 - 1. 1 tablespoon of corn oil
 - 2. 1 tablespoon of cod liver oil

- D. **Mineral Supplements (all)**
 - 1. ¼ teaspoon Potassium Chloride or Potassium Citrate
 - 2. 1 tablespoon Dicalcium Phosphate or Bone Meal
 - 3. 1 teaspoon Vitamin-Mineral Premix

This will produce approximately 1 pound (~530 g) of produce. A 20 lb dog would consume 1 pound of this product daily in two equal meals.