

Feline Reducing Diet

- A. **Protein Source (Select one of the following)**
 - 200g of canned chicken (no vegetable oil)
 - 400g of Heinz chicken broth
 - 220g of canned tuna

- B. **Carbohydrate Source**
 - 3 cups or 660g of cooked rice
 - ½ cup or 100g of oat bran

- C. **Oil Source**
 - ½ tablespoon of cod liver oil
 - ½ tablespoon of corn oil

- D. **Micronutrient Supplements (Select one of the following)**
 - ½ teaspoon of calcium carbonate
 - ¼ teaspoon of potassium chloride or potassium citrate
 - 1 teaspoon of vitamin-mineral-aurine mix

Recipe Directions: Combine all four groups and mix thoroughly for 5 minutes. This will make between 900 and 100 grams of food that has an energy content of 0.8 to 0.9 Kcal ME/g. A 10 pound cat of ideal weight would require approximately 300 to 350g of this food per day. In relation to a weight reduction program, feed this diet for at least three weeks to determine normal feed intake and body weight response. If the cat gains or maintains weight on the diet during this time, then reduce feed intake by 10% and monitor the body weight of the cat at four week intervals. Adjust food intake to maintain a body weight loss of between 1/22 and 1 pound per month.